



# Flinders News

TERM 2 WEEK 4  
THURSDAY 20<sup>TH</sup> MAY 2021

Principal: **Anna Nayda**

Deputy: **Stacey Waterman**

Wellbeing Leader: **Angela McAuliffe**

Phone number: **8642 5866**



"Never stop learning because life never stops teaching" – Kirill Korshikov

## DATES TO REMEMBER:

## From the Principal's Desk...

Dear parents and caregivers,

Over the past fortnight Year 3, 5 & 7 students have been involved in NAPLAN. **NAPLAN** is an assessment that allows parents to see how their child is progressing against national standards in literacy and numeracy and over time. The tests are one aspect of each school's assessment and reporting process; they do not replace the extensive, ongoing assessments made by teachers about each student's performance. Your child's teacher will have the best insight into your child's educational progress.

## Every Minute of Every Day Counts!!!

We encourage students to attend school every day, even if they are late. However, while our attendance has increased, we have noticed a significant increase in lateness to school. By arriving late, your child not only misses important interactions and learning opportunities, but most concerning is that they miss Maths learning. Maths lessons are taught first thing in the morning so being late every day reduces the Math your child may be learning.

You may be surprised by how quickly time missed can add up if students are late every day. Please see the information below:

## Just a little bit late for school doesn't seem like much but ....

Your child is only missing just ...	That equals ...	Which is ...	Over 13 years of schooling that is ...
10 minutes per day	50 minutes per week	Almost 1.5 weeks per year	Almost half a year
20 minutes per day	1 hour 40 mins per week	Almost 2.5 weeks per year	Almost a whole year
Half an hour per day	Half a day per week	4 weeks per year	Almost one and a half years
1 hour per day	1 day per week	8 weeks per year	Over 2 and a half years.

## PASS Sports Day

Year 6/7 students will be participating in the PASS sports day as part of their transition to high school program. This sports day is held at Central Oval on Friday 28<sup>th</sup> May. Students will need to make their own way to and from the oval. Keep an eye out for more details to follow.

## Student Free Day – MONDAY 31/05/21

There will be no school for students on Monday 31<sup>st</sup> May! While students are enjoying a day with friends and family, staff will be working with Professor Dianne Siemon. Dianne is a math consultant with expertise in Big Ideas in Number, focussing on Trusting the Count, Place Value and Multiplicative Thinking.

## Jumper Sale: "Buy & Swap" sale

With the cooler weather settling in families may like to take advantage of our second-hand jumper 'buy & swap' sale. For the remainder of this term you may bring hoodies (in good condition) to the Aboriginal Education Room and swap for a larger size or purchase a second hand item (limited number available). This might be really handy if your child has grown over the summer months and their jumper no longer fits!

We have noticed many students prefer to wear a long sleeved top under their t-shirt. As per our uniform policy, we remind students they must wear black or white long sleeved tops under their shirts. It is also preferred for the shirts underneath to have no hood.

Anna Nayda ☺



Government of South Australia  
Department for Education and Child Development

# Wellbeing Leader – Ange McAuliffe



## “ALL STARS”

Term 2  
Week 4

Students are selected by their teacher and peers to participate in some free time to acknowledge the great work they have been doing.



<b>ROOM 1</b>		
Blake Gough	AS	Being helpful to others in the class.
Esther Harvey	AS	100% attendance and treating others as she would like to be treated
Valmay Wayne	R	Pursuing her personal best at her new school
<b>ROOM 2</b>		
Rose Grantham	AS	Working hard during writing time.
Maegan Jameson	AS	Taking on extra responsibility in the classroom.
Thomas Nunn	R	Trying hard with all learning.
<b>ROOM 3</b>		
Armani Lodge	AS	Planning, drafting & creating well written narrative texts
Alana Lodge	AS	Planning, drafting & creating well written narrative texts
Kyezele Amos	R	More attentive, stronger focus and contributions in class
<b>ROOM 4</b>		
Janiquea Miller Thomas	AS	Working hard in class and setting a good example
Zakiah Martlew	R	Growing in confidence, working hard in class & in reading intervention
Deegan Cox	AS	Working hard and participating in class
<b>ROOM 11</b>		
Maureen Haines-Harris	AS	Helping other students with their learning & participating to progress.
Quorlesha Johnson	AS	Pursuing her personal best in her learning.
Harlin Lodge	R	Improved attendance over the past 2 weeks by coming to school everyday
<b>ROOM 12</b>		
Aaliyah Hull-Grandile	AS	Trying to pursue her best in her learning
Nicholas Ryan	AS	Trying his best and focusing in his learning
Tyqueasha Treloar	R	Improved attendance and trying her hardest with her learning
<b>ROOM 18</b>		
Evelyn Jenkins	AS	Working really hard in phonics
Robert Soutar	AS	Pursues his personal best no matter who he works with
Ezekiel Waye	R	Improved attendance
<b>ROOM 19</b>		
Mahayla Harvey	AS	Being a role model, always willing to help others
Brentley Quintrell	AS	Being a role model, always willing to help
Portia Davis	R	Not giving up when things get hard

# All Stars

# WEEK 2







AGES 6 - 12

## SPECIAL OFFER

VALID UNTIL JUNE 30

# FREE

FREE TRIAL LESSON/  
FREE SPARRING GEAR  
FREE KARATE UNIFORM

(with new memberships)

**Tuesday and Thursday**  
**5.30 - 6.45**  
**12 Holdo Street**

Enquires 0413382556 email phoenixkarateclub@hotmail.com

# SALE

second hand  
uniform

## OPEN FOR REMAINDER OF THE TERM

**Aboriginal Education Room  
(Room 10)**

PLEASE SEE A MEMBER OF THE  
ABORIGINAL EDUCATION TEAM

*Sale*  
GRAB A  
BARGAIN

**NOTHING  
OVER \$10**

SALE ITEMS ONLY

2000-2002-2004

**SWAPS**

Available for Uniforms in  
good condition

## CANTEEN news

**New Canteen  
Menu  
available.**

**To be sent  
home soon.**

**Beginners Welcome  
No Experience Necessary**

Free Sausage Sizzle for players  
after the session.  
\$2 for Sausage & Bread for  
spectators

### Grades

U11's 2010 - 2011  
U13's 2008 - 2009  
U16's 2005 - 2007



Additional Information:



Central Augusta  
Sam Bouilly  
0447 071 077



South Augusta  
Jodie Reid  
0450 472 940  
safcplayers@internode.net.au

# FEMALE FOOTBALL COME & TRY DAY

Special Guest Appearance by Adelaide Crows AWFL Chelsea Randall  
& Sarah Allen



Chelsea  
RANDALL  
KEY DEFENDER



Sarah  
ALLAN  
KEY DEFENDER

**Sunday 16th May 21 @ 2pm**  
**Chinnery Oval**



West Augusta  
Suzy Graham  
0419 608 822

**FRIENDSHIPS  
STRENGTH BUILDING  
SKILLS & DRILLS  
PROFESSIONAL GUIDANCE**

## TRAFFIC SAFETY APP:

SA Police have advised schools to promote  
their **Traffic Safety App** in School Newsletters.

This App allows you to report near miss  
accidents and dangerous traffic behaviour that  
you might see around the school and around  
Port Augusta.

The App is located at:

<https://www.police.sa.gov.au/online-services/traffic-watch2>



## PLAYGROUP IS OPEN

**EVERY FRIDAY**

FROM 10AM—12PM with Simone Nunn

**\$3.00 FOR EACH CHILD IN ATTENDANCE**

**COME ALONG AND HAVE SOME FUN, IT  
BEATS SITTING AT HOME BEING BORED.**





# Grief

Grief is our natural response to loss. Children experience grief when they lose someone or something that they feel close to.

**Grief is more intense when the loss is more significant.**

**The death of a family member, family or pet is particularly hard for children and young people.**

**How does grief affect children?**

Grief affects children in different ways depending on their age, developmental stage and the disruption to their lives and their family network. You may notice it affect their emotions, thoughts, behaviour and physical health. Children can feel their loss both at home and in their learning community. Grief can make it hard to concentrate, disrupt sleep patterns and cause physical health such as headaches/nausea.

While many children may struggle to perform at their previous academic level for a period of time, with support and structure, most will recover from the temporary setback.

## What signs should we look out for?

Grief reaction commonly includes sadness, crying, anxiety, bad dreams and needing to be close to family. It may be difficult for a child to express their grief and it may take some time for the grief to emerge. Some typical signs that parents can look out for are:

- Shock – may express shock and not believe the loss is real
- Regression – displaying behaviours uncharacteristic and of a younger aged child (bed wetting, sucking thumb)
- Anger – increase of anger in the child
- Guilt – child may feel guilty that the loss was their fault
- Anxiety – the child may be anxious about the safety of other loved ones and become clingy
- Physical symptoms – can include headaches, stomach ache, aches and pains
- Sleep disturbances. Nightmares, difficulties in falling and or staying asleep
- Eating – child may lose their appetite
- Concentration – may be difficult to focus on learning
- Withdrawal – may not want to play with friends

### Where to find more information

#### Beyond Blue

[beyondblue.org.au](http://beyondblue.org.au)

Learn more about anxiety, depression and suicide prevention, or talk through your concerns with our Support Service. Our trained mental health professionals will listen, provide information, advice and brief counselling, and point you in the right direction so you can seek further support.

1300 22 4636

Email or chat to us online at [beyondblue.org.au/getsupport](http://beyondblue.org.au/getsupport)

#### LifeLine

[www.lifeline.org.au](http://www.lifeline.org.au)

13 11 14

Access to crisis support, suicide prevention and mental health support services.

#### Australian Centre for Grief and Bereavement

[www.grief.org.au](http://www.grief.org.au)

Information about grief and support for people who are grieving.

#### Head to Health

[headtohealth.gov.au](http://headtohealth.gov.au)

Head to Health can help you find free and low-cost, trusted online and phone mental health resources.

#### GriefLine

[www.griefline.org.au](http://www.griefline.org.au)

1300 845 745

Grief helpline that provides telephone support services to individuals and families.

Donate online: [beyondblue.org.au/donations](http://beyondblue.org.au/donations)

# ROOM

# 19

# LEARNING

